



Bereavement Counseling at Vet Centers

What is Bereavement Counseling?

Bereavement counseling is assistance and support to people with emotional and psychological stress after the death of a loved one. Bereavement counseling includes a broad range of transition services, including outreach, counseling, and referral services to family members.

Does VA Have Bereavement Counseling for Surviving Family Members?

The Department of Veteran Affairs (VA) offers bereavement counseling to parents, spouses and children of Armed Forces personnel who died in the service of their country. Also eligible are family members of reservists and National Guardsmen who die while on duty.

Where Is Counseling Offered?

VA's bereavement counseling is provided at community-based Vet Centers located near the families. There is no cost for VA bereavement counseling.

How Can You Obtain These Services?

Services are obtained by contacting Readjustment Counseling Service at 202-461-6530 or via electronic mail at <mailto:mvetcenter.bereavement@va.gov> both of which are specific to this specialized service. RCS staff will assist families in contacting the nearest Vet Center. Often counseling can be made available in the family's home or where the family feels most comfortable.

This fact sheet was retrieved from the U.S. Department of Veterans Affairs' Vet Center program, [http://www.vetcenter.va.gov/Bereavement Counseling.asp](http://www.vetcenter.va.gov/Bereavement_Counseling.asp)